



EMPOWER - Social Enterprises' Sustainability Tools

Project Result 1

Training Package for Sustainability in Social Enterprises

COMPENDIUM

Portugal

Developed by Mindshift Talent Advisory



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the European Union

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Project Information

Key Action 2: KA220-YOU - Cooperation partnerships in youth

Project number: 2021-1-BG01-KA220-YOU-000029024

Period of the project implementation: 02/01/2022 - 02/01/2024 (2 Years)

Consortium: BRCCI (BG); SERN (IT); KMOP(GR); Future in Perspective Ltd (IE); CARDET (CY); Innovade LI (CY); MINDSHIFT Talent Advisory (PT).



Legal Framework

According to the report *The Social Economy in the European Union (2012)*, the Social Economy is understood as the “set of private companies, formally organised, with autonomy of decision and freedom of adhesion, created to satisfy the needs of their members, producing services, ensuring funding and where the decision-making process and the distribution of benefits or surpluses by the members are not directly linked to the capital or contributions of each one, with each member corresponding to one vote”(Guia Prático da ECONOMIA SOCIAL, CASES).¹

In Portugal, the Social Economy Framework Law (*Lei de Bases da Economia Social, Lei n.º 30/2013, de 8 de maio* ²), in the development of the provisions of the Constitution regarding the cooperative and social sector, establishes the general bases of the legal framework of the social economy, as well as the measures to encourage its activity in accordance with its own principles and purposes.

The social economy integrates a vast set of entities, with diverse legal personality, democratically organised, created to meet the needs of their members, which produce goods or services for non-profit purposes.

The social economy sector is characterised, therefore, by a strong diversity, being constituted, namely, by associations, cooperatives, foundations, charities and mutual societies.

This sector has contributed to social cohesion, combating unemployment, labour instability, as well as social exclusion among the most vulnerable groups, through the development of various activities.

The social usefulness of these entities also derives from their values and principles, based on the promotion of the human person and communities, through practices of cooperation, solidarity and social justice.

Strategic Framework

In the current legal framework, and due to the diversity nature of the entities that constitute the social economy sector in Portugal, the *Cooperativa António Sérgio para a Economia Social*³ (António Sérgio Cooperative for Social Economy) objective is to promote the strengthening of the social economy sector, deepening cooperation between the State and the organisations that integrate it, with a view to stimulating its potential to serve the socio-economic development of the country, as well as the pursuit of policies in the area of volunteering. **Amongst its attributes are:**

- Encourage the creation of social economy entities, disseminating their importance in the development of the areas of activity and communities where they operate;
- Promote and disseminate the principles and values pursued by the various social economy entities
- Stimulate the economic and social activity of the social economy sector
- Foster the recognition and institutional capacity building of social economy entities
- Promote and collaborate in boosting training in the social economy sector, particularly by enhancing the skills of professionals and the sustainability of organisations in the sector

¹ https://www.cases.pt/wp-content/uploads/2019/09/Guia_Pr%C3%A1tico_da_Economia_Social.pdf

² <https://dre.pt/dre/detalhe/lei/30-2013-260892>

³ <https://www.cases.pt>



- Promote the development of actions to disseminate the social economy sector, enhancing its visibility
- Promote and support the conduct of studies and research on the social economy sector
- Promote and collaborate with institutions representing the various organisations of the social economy sector, as well as with public and private institutions, in providing technical support in fiscal, legal and financial areas
- Promote the creation of partnerships between social economy entities, local authorities, local agents and social networks capable of generating new dynamics in the territory
- To give opinions and pronounce on proposals for legislation relating to the social economy sector
- Elaborate, publish and keep updated on its own website the permanent [database of social economy entities](#)
- Participate in councils, commissions or national or international working groups with a connection or interest for the social economy sector
- Ensure the creation and maintenance of a satellite account for the social economy, developed within the national statistical system

Good practices

AGILidades

www.agilidades.pt

Short description of activities

AGILidades is a spin off from the Polytechnic of Leiria, created in 2018, which aims to develop therapeutic games adapted to the geriatric community, for the rehabilitation of people with psychomotor or cognitive-motor dysfunction, useful in the rehabilitation process. The brand also aims to provide technical consultancy services and training in design and development testing of new products in this area. The most recent projects include the customisation of games, the development of games for teaching carers of people with dementia, as well as the validation of a manual of traditional games adapted to populations at risk.

Contacts

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Reshape Ceramics

www.reshapeceramics.com/

Short description of activities

Company that produces and sells ceramics with the prison community to promote their employability. The Reshape reintegration process includes

- **soft skills training**, all individuals while still in prison go through a tailored programme to develop their social competences
- **transition job**, individuals are hired in and out of prison, and also get training on daily work routine



- **individual support**, with a technical team and volunteers to support each craftsman individually in different aspects of their life
- **autonomy**, when individuals/craftsman have a more stable life, and are able to be autonomous, reshape helps them to find a new job in a company

Contacts

<https://www.reshapeceramics.com/pages/contact-us>

Pick-up store: Largo Mendonça e Costa, 10, 1900-349, Lisboa

www.facebook.com/Reshape.Ceramics

www.instagram.com/reshape.ceramics/

www.youtube.com/channel/UCKsmETNc3GGZC-iZzc-VSWw

Semear

www.semear.pt

Short description of activities

The "**Mercearia Semear**" is an inclusive social business that aims to employ people with disabilities and combat food waste through the production and production and farming, preparation, confection, transformation and sale of handmade food products. It also includes the SEMEAR Academia, a project aiming the socio-professional inclusion of young people and adults, between the ages of 18 and 45, with intellectual and developmental disabilities and is based on a set of certified training courses that allow the development of personal and social skills of trainees and their integration into the labour market. It also contemplates a coaching programme (to the young person and to the company), in order to guarantee their autonomy and maintenance in the workplace.

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www.facebook.com/Semear.pt/

www.instagram.com/semear.oportunidades/

<https://vimeo.com/semearoportunidades>

www.linkedin.com/company/semear-by-bipp-terra-de-oportunidades/

MAZE

www.maze-impact.com

Short description of activities

Impact investing company that accelerates and invests in solutions that solve social and environmental problems.

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www.facebook.com/maze.impact/

www.instagram.com/maze.impact/

www.twitter.com/mustardseedmaze

www.open.spotify.com/user/owa0bqmk9pcvdzsyw8h2digec?si=rZNIb3xTHyMy0GhaG_lgw&nd=1



References

Cooperativa António Sérgio para a Economia Social

<https://www.cases.pt/definicao/>

<https://www.cases.pt/>

Guia prático CASES para a Economia Social

[https://www.cases.pt/wp-content/uploads/2019/09/Guia Pr%C3%A1tico da Economia Social.pdf](https://www.cases.pt/wp-content/uploads/2019/09/Guia_Pr%C3%A1tico_da_Economia_Social.pdf)

Lei de Bases para a Economia Social

<https://dre.pt/dre/detalhe/lei/30-2013-260892>



